

grofact #7

Earthworm Castings

What are they? Earthworm castings (vermicastings) are the organic waste products from earthworms. Earthworms consume organic matter, and their castings are collected for soil enrichment.

What do they do? Castings from earthworms are nutrient rich, biologically active, and used to enrich mixes and garden soils for improved plant performance.



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