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RESiLIENCE® is Sun Gro's name for growing mixes containing silicon, which is a natural and beneficial plant substance.



# How do I know that the silicon in RESiLIENCE® mixes is in the mix or if it is being taken up by the plant?

A The best way to know that RESiLIENCE® is in the mix is to observe plant responses, which vary among plant species and cultivars. Plant responses may include enhanced root growth, increased stem diameter and strength, improved drought tolerance and delayed wilting between waterings. (See table A. for a list of plant responses)



## Why do plant growth responses vary?

- A Plants take up, accumulate and use silicon differently. The amount of silicon in the plant tissue does not necessarily relate to immediate, improved plant performance.
  - Some plants efficiently use small amounts of silicon that they take up daily.
  - Other plants take up and store silicon, utilizing it when exposed to stressful conditions.
  - Certain plant species take up silicon rapidly when exposed to environmental stresses. In this case, RESILIENCE® mixes are like an insurance policy... available when needed.



# Do RESILIENCE® mixes provide silicon for the life of the plant?

A Our research with long term crops like poinsettias and mums has shown that plants were still accumulating silicon after 16-18 weeks.

## If I transplant RESiLIENCE® grown plants into bigger pots without using RESiLIENCE® mix, will silicon still benefit the plant?

A Once a plant takes up silicon, it stays in the plant and gets deposited in the cell structure. Silicon doesn't move around in the plant. As plants grow in RESiLIENCE® mixes, roots encounter and take up silicon. As the roots grow in the new (no silicon) mix, there is no silicon available to the new roots. The benefits of the original RESILIENCE® mix will diminish because only the older part of the plant will have any silicon available.



## What is the shelf life of silicon in the packaged growing mix?

A RESILIENCE® mixes have the same recommended shelf life as our former non-silicon mixes.

### Are there plant phytotoxicity issues?

A RESILIENCE® mixes have been tested across a wide number of plant species and have been shown to have an excellent record of positive plant growth.



## Are fruits and vegetables from RESiLIENCE® grown plants, like tomatoes, okay for humans to eat?

A Silicon is naturally occurring and is the second most abundant element in the earth's crust, so all plants may take up silicon from the soil. Fruits and vegetables from plants grown in RESILIENCE® mixes would be okay for consumption as those grown in your garden soil.



### Is there silicon in non-RESILIENCE® mixes?

A Silicon is present in some growing media components. The amount of silicon in these components is not at an adequate level to provide the benefits obtained with RESiLIENCE® mixes which contain an increased amount of silicon necessary to boost plant performance.



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## Plants Exhibiting Positive Growth Responses in Peat and/or Bark RESiLIENCE® Mixes

Plant Botanical Name	Plant Common Name	Better Rooting	Resistance to Wilt	Thicker Stems	Earlier Flowers	Compact Growth
Annuals*						
Angelonia angustifolia Serena® Blue	Summer Snapdragon	•	•	•	•	
Antirrhinum majus Twinny™ F1 Violet Begonia semperflorens Bada Bing® Scarlet	Snapdragon Begonia	•			•	•
Calibrachoa Callie® Mango	Calibrachoa	•		•		•
Catharanthus roseus Nirvana® Violet	Vinca		•	•		
Catharanthus roseus Nirvana® Pink Blush	Vinca					
Cucumis sativus 'Straight Eight'	Cucumber	•	•	•		•
Dahlia Figaro® Yellow Shades	Dahlia	•	•	•		•
Gerbera jamesonii Jaguar™ Rose Dark Center	Gerber Daisy		•	•	•	•
Helianthis annuus F1 Sunny Smile™	Sunflower	•	•	•	•	•
Impatiens hawkerii Sonic® Amethyst	New Guinea Impatiens		•			•
<i>Impatiens walleriana Accent</i> ™ Premium Deep Orange	Impatiens	•	•	•		
Lantana camara Bandana® Rose	Lantana	•	•	•		
Ocimum basilicum 'Genovese'	Basil	•	•			•
Osteospermum ecklonis Akila® Purple	African Daisy		•			
Pelargonium Calliope® Large Scarlet Fire	Geranium	•		•	•	•
Pentas lanceolata Graffiti® Bright Red	Pentas	•		•		•
Petunia Dreams™ Midnight	Petunia	•	•	•		
Salvia splendens Mohave Red	Salvia	•	•	•		•
Scaevola aemula Bombay® Dark Blue Imp.	Fan Flower				•	
Solenostemon scutellarioides 'Rose to Lime Magic'	Coleus	•	•	•		•
Tagetes erecta Moonsong®	African Marigold			•		
Tagetes patula Disco Marietta	French Marigold	•	•	•		
Torenia fournieri Kauai™ Deep Blue	Clown Flower		•		•	•
Verbena Lanai® Red	Verbena		•		•	•
Zinnia elegans Magellan® Yellow	Zinnia		•	•	•	•
Zinnia elegans Uproar <sup>™</sup> Rose  * Plants grown from plug to finished in 1 L (4.5") pots	Zinnia		•			
Perennials*	D.L. M					
Chrysanthemum Padre Yellow	Belgian Mum	•	•			•
Coreopsis verticillata 'Moonbeam'  Delphinium elatum Aurora™ Blue	Coreopsis Delphinium	•	•	•		
Digitalis purpurea Dalmation Purple	Foxglove	•	•	•		•
Leucanthemum x superbum 'Real Glory'	Shasta Daisy	•	•	•		
Echinacea purpurea 'Leuchtstern' (Bright Star)	Purple Coneflower	•	•			
Phlox paniculata 'Laura'	Garden Phlox	•	•	•	•	•
Plants grown from plugs in 1 gallon pots in the greenhouse	Curdent mox					
Plugs* Brassica oleracea var. Italica	Broccoli	•	tbd*	•	tbd*	•
Brassica oleracea var. gemmifera	Brussels Sprouts	•	tbd*		tbd*	
Brassica oleracea var. capitata	Cabbage	•	tbd*	•	tbd*	•
Brassica oleracea var. botrytis	Cauliflower	•	tbd*	•	tbd*	•
Capsicum annuum 'Tomcat'	Pepper	•	tbd*	•	tbd*	•
<i>Gerbera jamesonii</i> Jaguar™ Red	Gerber Daisy					•
Lactuca sativa 'Green Towers'	Romaine Lettuce		•			•
Lycopersicon esculentum 'Bobcat'	Tomato	•	tbd*		tbd*	
Pelargonium Darko® Deep Red	Geranium	•	tbd*	•	tbd*	•
Pelargonium Darko® Standard Pink	Geranium	•	tbd*	•	tbd*	
Petunia Storm™ Salmon	Petunia					•
Zinnia elegans Magellan® Cherry	Zinnia	•	tbd*		tbd*	•
Zinnia elegans Magellan® Salmon  * Plugs grown from seed or cuttings (geranium) in 288 or 105 cell plug trays.	Zinnia					•
Vegetable Starts*	Dagger at 1 H		£1, 1+		El. 19	
Capsicum annuum 'Tomcat'	Pepper - bell	•	tbd*	•	tbd*	•
Cucumis melo 'Athena'	Cantaloupe	•	tbd*	•	tbd*	•
	Summer Squach	•	tbd*		tbd*	•
Cucurbita pepo 'Enterprise'	Summer Squash				# le -1 *	
Cucurbita pepo 'Enterprise Cucurbita pepo 'Spineless Beauty' Ocimum basilicum 'Genovese'	Zucchini Basil	•	tbd*	•	tbd* tbd*	•



<sup>\*</sup>Trials not complete
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\*It's already in the mix is being used as a trademark of Sun Gro Horticulture Canada Ltd.